



RESOURCES

Local Health Services

General

[IEHP Free Autism and ADHD Screenings](#)

Services: Free evaluations for members prior to age 21; can follow up at places like [Inland Empire Autism Assessment Center of Excellence](#)

[Children's Mental Health Clinics Directory](#)

Riverside County

[UCR Health Comprehensive Psychiatric Services](#)

Services: Assessment, diagnosis, treatment, and therapy for children and adults with ADHD

Location: 3390 University Avenue, Suite 115, Riverside, CA 92501

Phone: 844-827-8000

[Riverside University Health System Behavioral Health](#)

Services: Assessment, diagnosis, treatment, and therapy for children with ADHD

[Inland Empire Behavioral Group](#)

Services: Offers personalized assessment, behavioral therapy, CBT, medication management, skill-building sessions

Locations: 11801 Pierce Street, Suite 200 Riverside, CA 92505

Phone: 951-338-9980

[Psychological Services of Riverside](#)

Services: Testing, follow up and management

Location: 2900 Adams Street Suite C-10, Riverside, CA 92504

Phone: 951-552-8137

[High Desert Psychological Services](#)

Services: Assessment, personalized treatment plans, medication, psychotherapy, behavioral therapy, and educational interventions

Locations:

- 3610 Central Avenue, Suite 500, Riverside, CA 92506
 - Phone: 951-550-5000
- 29995 Technology Drive Suite 306 Murrieta California 92563
 - Phone: 951-875-5000

[Riverside Medical Clinic Pediatric Neurology](#)

Services: Offers ADD/ADHD Care

Locations: Multiple locations

[Ascend Beyond Pediatric and Family Therapy](#)

Services: Developmental interventions for children and adolescents ages 0-18

Location: 11801 Pierce St., Suite 200, Riverside, CA 92505

Phone: 909-529-6139

[Carolyn E. Wylie Center for Children, Youth, and Families](#)

Services: Individualized home-based sessions and support for children aged 0-3 with behavioral issues and developmental delays

Location: 4164 Brockton Ave, Riverside, CA 92501

Phone: 951-683-5193

San Bernardino County

[Inland Empire Behavioral Group](#): Offers personalized assessment, behavioral therapy, CBT, medication management, skill-building sessions

Location: 1003 E. Cooley Dr Suite 211, Colton, CA 92324

Phone: 951-499-5513

[High Desert Psychological Services](#): Offers assessment, personalized treatment plan including medication, psychotherapy, behavioral therapy, and educational interventions

Locations:

- 8253 White Oak Ave, Rancho Cucamonga, CA 91730
 - Phone: 909-905-5000
- 15497 W Sand Street, Victorville, CA 92392
 - Phone: 760-875-5000
- 14390 Park Avenue, Victorville, CA 92392

- Phone: 760-280-8000

[South Coast Community Services](#): Offers ADHD testing and treatment for children and adults

Location: Multiple locations

Phone: 877-500-5843

[Diligence Care Plus](#): Offers CBT, family therapy, medication management, and offers help with improving skills

Location: 255 North D Street, Suite 400 San Bernardino, CA 92401

Phone: 909-276-1198

[Theraville Counseling Services](#): Offers ADD/ADHD counseling and therapy

Location: 202 E. Airport Dr. #265, San Bernardino, CA 92408

Phone: 909-939-5007



I Embrace ADHD (ieADHD.org) aims to promote awareness and support for ADHD, with resources specifically for inland empire Riverside County and nearby communities in California.

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The information provided on this website is intended for informational purposes only and should not be construed as a substitute for professional medical or psychological advice. Always seek the advice of your qualified mental health provider with any questions you may have regarding a mental health condition. If you are experiencing a mental health crisis, please contact emergency services or your healthcare provider immediately.

If you need immediate emotional support, call or text 988 (Suicide & Crisis Lifeline), or dial 911 in an emergency.